

SEPTEMBER 2020

Southern Lehigh Elementary Schools

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

French Toast Sticks
2 Sausage Links
Baked Fries
Assorted Fresh or
Canned Fruit
Choice of Milk

2

Chicken Nuggets
Dinner Roll
Baked Beans
Assorted Fresh or
Canned Fruit
Choice of Milk

3

Chicken Nuggets
Dinner Roll
Baked Beans
Assorted Fresh or
Canned Fruit
Choice of Milk

4

NO SCHOOL!

**Labor Day
Holiday!**

7

NO SCHOOL!

**Labor Day
Holiday!**

8

Cheese
or Pepperoni
Big Daddy's Pizza
Steamed Green
Beans
Assorted Fresh or
Canned Fruit
Choice of Milk

9

Chicken Patty
Sandwich
Steamed Broccoli
Assorted Fresh or
Canned Fruit
Choice of Milk

10

Chicken Patty
Sandwich
Steamed Broccoli
Assorted Fresh or
Canned Fruit
Choice of Milk

11

Bagged Lunch
Assorted Sandwich
or PB&J
Baby Carrots
Assorted Fresh or
Canned Fruit
Choice of Milk

14

Mickey's Pizza
Steamed Peas
Assorted Fresh or
Canned Fruit
Choice of Milk

15

Mickey's Pizza
Steamed Peas
Assorted Fresh or
Canned Fruit
Choice of Milk

16

Mini Eggo Waffles
2 Sausage Links
Baked Fries
Assorted Fresh or
Canned Fruit
Choice of Milk

17

Mini Eggo Waffles
2 Sausage Links
Baked Fries
Assorted Fresh or
Canned Fruit
Choice of Milk

18

Bagged Lunch
Assorted Sandwich
or PB&J
Baby Carrots
Assorted Fresh or
Canned Fruit
Choice of Milk

21

Popcorn Chicken
Dinner Roll
Baked Beans
Assorted Fresh or
Canned Fruit
Choice of Milk

22

Popcorn Chicken
Dinner Roll
Baked Beans
Assorted Fresh or
Canned Fruit
Choice of Milk

23

Mini Pancakes
2 Sausage Links
Baked Fries
Assorted Fresh or
Canned Fruit
Choice of Milk

24

Mini Pancakes
2 Sausage Links
Baked Fries
Assorted Fresh or
Canned Fruit
Choice of Milk

25

Bagged Lunch
Assorted Sandwich
or PB&J
Baby Carrots
Assorted Fresh or
Canned Fruit
Choice of Milk

28

French Bread Pizza
Tossed Salad w/
Choice of Dressing
Assorted Fresh or
Canned Fruit
Choice of Milk

29

French Bread Pizza
Tossed Salad w/
Choice of Dressing
Assorted Fresh or
Canned Fruit
Choice of Milk

30

Bacon, Egg, &
Cheese Bagel
Baked Fries
Assorted Fresh or
Canned Fruit
Choice of Milk

DID YOU KNOW?

September in the Northern Hemisphere is similar to March in the Southern Hemisphere.

Alternates

9/1-9/3 – Cheeseburger on a Bun
9/8-9/11 – Chicken Quesadilla Pizza
9/14-9/18 – Toasted Cheese Sandwich
9/21-9/25 – Mini Corndogs
9/28-9/30 – Hot Dog on a Bun

School Hoagies and PB
Jamwich are available daily as
an alternate meal.
**All meals come with choice of
fruit, vegetable, & milk*

**** Fresh vegetable sides are
offered daily!! They can be
taken along with the 5 meal
components or in place of the
vegetable of the day listed on
the menu.**

Cafeteria News

Visit www.ezschoollpay.com
to view your child's lunch
account and make payments
online!

* Students MUST take a fruit
or a vegetable to make a
complete meal/qualifying
reimbursable lunch.

LUNCH PRICE \$2.90

****Menu Subject to Change**

++This institution is an equal
opportunity provider and
employer.