

OCTOBER 2020

Southern Lehigh
Elementary Schools

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DID YOU KNOW?

September in the Northern Hemisphere is similar to March in the Southern Hemisphere.

5
Chicken Patty Sandwich
Steamed Broccoli
Assorted Fresh or Canned Fruit
Choice of Milk

6
Chicken Patty Sandwich
Steamed Broccoli
Assorted Fresh or Canned Fruit
Choice of Milk

7
Cheese or Pepperoni
Big Daddy's Pizza
Steamed Green Beans
Assorted Fresh or Canned Fruit
Choice of Milk

8
Cheese or Pepperoni
Big Daddy's Pizza
Steamed Green Beans
Assorted Fresh or Canned Fruit
Choice of Milk

9
Bagged Lunch
Assorted Sandwich or PB&J
Baby Carrots
Assorted Fresh or Canned Fruit
Choice of Milk

12
NO SCHOOL!
Act 80 Day

13
Chicken Nuggets
Dinner Roll
Baked Beans
Assorted Fresh or Canned Fruit
Choice of Milk

14
Hot Ham & Cheese on Croissant
Baked Fries
Assorted Fresh or Canned Fruit
Choice of Milk

15
Hot Ham & Cheese on Croissant
Baked Fries
Assorted Fresh or Canned Fruit
Choice of Milk

16
Bagged Lunch
Assorted Sandwich or PB&J
Baby Carrots
Assorted Fresh or Canned Fruit
Choice of Milk

19
French Toast Sticks
2 Sausage Links
Baked Fries
Assorted Fresh or Canned Fruit
Choice of Milk

20
French Toast Sticks
2 Sausage Links
Baked Fries
Assorted Fresh or Canned Fruit
Choice of Milk

21
Popcorn Chicken
Dinner Roll
Baked Beans
Assorted Fresh or Canned Fruit
Choice of Milk

22
Popcorn Chicken
Dinner Roll
Baked Beans
Assorted Fresh or Canned Fruit
Choice of Milk

23
Bagged Lunch
Assorted Sandwich or PB&J
Baby Carrots
Assorted Fresh or Canned Fruit
Choice of Milk

26
Mickey's Pizza
Steamed Peas
Assorted Fresh or Canned Fruit
Choice of Milk

27
Mickey's Pizza
Steamed Peas
Assorted Fresh or Canned Fruit
Choice of Milk

28
Batty Patty Sandwich
Potato Worms
Assorted Fresh or Canned Bat Food
Choice of Mummy Juice **

29
Batty Patty Sandwich
Potato Worms
Assorted Fresh or Canned Bat Food
Choice of Mummy Juice **

30
Bagged Lunch
Assorted Sandwich or PB&J
Baby Carrots
Assorted Fresh or Canned Fruit
Choice of Milk

Alternates

10/1-10/2 – Hot Dog on a Bun
10/5-10/9 – Chicken Quesadilla Pizza
10/13-10/16 – Toasted Cheese Sandwich
10/19-10/23 – Mini Corndogs
10/26-10/30 – Cheeseburger on a Bun

School Hoagies and PB Jamwich are available daily as an alternate meal.

**All meals come with choice of fruit, vegetable, & milk*

**** Fresh vegetable sides are offered daily!! They can be taken along with the 5 meal components or in place of the vegetable of the day listed on the menu.**

Cafeteria News

Visit www.ezschoollpay.com to view your child's lunch account and make payments online!

* Students **MUST** take a fruit or a vegetable to make a complete meal/qualifying reimbursable lunch.

LUNCH PRICE \$2.90

****Menu Subject to Change**

++This institution is an equal opportunity provider and employer.

** The Batty Patty Meal on 10/28 & 10/29 consists of:
Breaded Chicken Patty Sandwich
Baked French Fries
Assorted Fresh or Canned Fruit
Choice of Milk