

# HOPEWELL HAPPENINGS

9/16/2022



Dear Hopewell families,

Happy Friday! WOW! Our goal of raising \$15,000 through our "Movin' and Groovin'" PTA fundraiser has been surpassed. We are excited about the wonderful things our kiddos will experience this year because of your incredible support. It's surely going to be cool to be turned into an ice cream sundae! Woohoo!

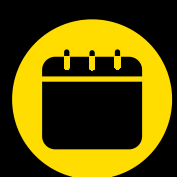


Safety is a top priority at Hopewell Elementary School and the Southern Lehigh School District. Starting this week and next week, classes will be discussing preparedness techniques in case of different emergencies. As a part of our preparedness, we will be having our annual school-wide safety drill at the end of the month. This month's drill will be instructional. Students will know that it is a drill and will be prepared. To learn more about the district's safety and security, please visit [here](#).

Thank you again for all your continued support of our awesome school! Please see below for updates, important calendar dates, and upcoming events and opportunities.

Have a wonderful weekend!

Lynn Chromiak, Principal



## Important Upcoming Dates:

- 9/26-Students are off; Staff Professional Development Day
- 9/30-"Movin & Groovin"-wear your tie-dye shirts
- 10/5-Picture Day! (make ups will be 11/16)



September



# Hopewell Elementary PTA Presents Movin' & Groovin'



## Hopewell Elementary School



Today begins a very important fun and healthy way to raise money for students of

### Hopewell Elementary School

We want to promote a healthy lifestyle to our students and the community. Please help us reach our fundraising goal by supporting the Movin' and Groovin' for Education. We have teamed up with *Get Movin'*© to make this event fun and profitable with online mobile friendly technology!

Movin' and Groovin' for Education is to raise funds to provide academic and social/emotional assemblies, field trips, school supplies, recess equipment, and other classroom needs that will benefit all the students.

#### Follow these 3 Simple Steps to get to goal fast!

- First [Register](#) or re-[Login](#) to your parent dashboard and complete your child's student webpage with a PICTURE at [getmovinfundhub.com](http://getmovinfundhub.com).  
*School Identifier: 62b05d0aaeff6*
- Make an online donation using the red Donate button right away
- Share with friends and family, they want to help!
  - Send 10-15 emails and/or text messages
  - Post on Facebook or Twitter
  - Help your child reach their goal in 24/48 hours



#### Student Goals!

- Our goal is to have 100% of all students registered online! It's easy, FREE, and only takes a few quick minutes to register!
- Each student is encouraged to raise \$50.00
- Be an Overachiever Superstar by raising \$250.00

**OUR TOTAL SCHOOL GOAL is \$15,000.00**

#### Event Details:

- **Event Date: 09/30/2022**
- **Final Donation due date: 10/14/2022 11:59 PM**
  - Donations in the form of cash & checks (in-school donations), should be turned in to the school.
  - Please make checks payable to: Hopewell Elementary PTA

**\*\*Ask your kiddo about Our Awesome Student Incentives\*\***



# Movin' & Groovin' Day of Event Obstacles 9/30/22

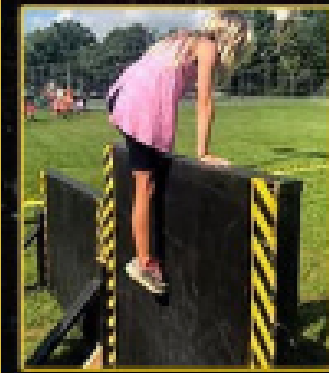


## AGILITY POLES

Course crushers will test their foot speed, acceleration and directional change as they zip around our agility poles. Agility training enhances dynamic flexibility, functional core strength and proprioception while improving athletic ability for sports like soccer, hockey, basketball, and football. Agility is quite an ability!

Visit  
[www.childsplaycc.com](http://www.childsplaycc.com)  
For more information

Volunteers at each obstacle  
Family ability to watch  
Outside health station  
Each class has 30 min session



## HAZARD WALLS

Choose your challenge with our hazard walls, equipped with a low and high option to accommodate many ages, sizes and skills. Two sets of walls add double the fun as participants climb, jump and clamber to the other side while promoting all over body conditioning.



## TIRE RUN

Stepping in and out of our tires is a fun and challenging way to promote bilateral coordination. The ability to use both sides of the body at the same in a controlled and organized manner is an important part of development and allows the hands and feet to work well together. Course crushers love this classic obstacle featured at the most popular endurance races. Tired yet?



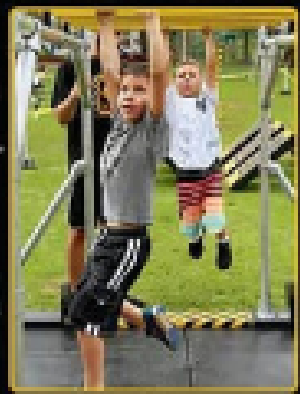
## TEETER PLANK

Course crushers love to test their nimbleness and speed by walking up and over our teeter totter plank. And we love that mastering this obstacle promotes agility, a crucial skill in the majority of sports programs, in an enjoyable and engaging way. With a very solid, strong and stable base and non-skid platform this obstacle is always a crowd pleaser.



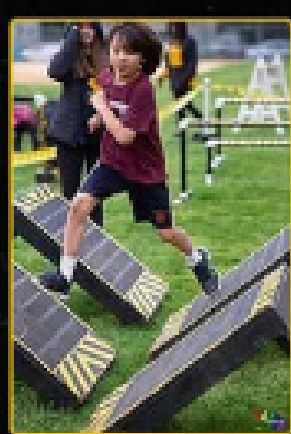
## NOODLE TOWER

Ok – we admit it – this obstacle is just total fun. Strategically placed in the middle of the course to mix things up, participants run through three walls of noodles as they make their way to their next challenge.



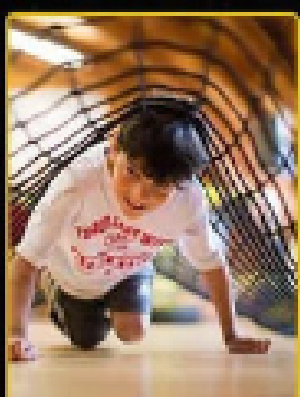
## MONKEY BARS®

It's time to monkey around! Our adjustable height monkey bars will challenge a wide range of ages and abilities. Participants love to hang and swing and this active movement experience will help to develop upper body strength and strong muscles in the shoulders, arms, hands, and fingers. **\*NOT AVAILABLE FOR ALL LOCATIONS**



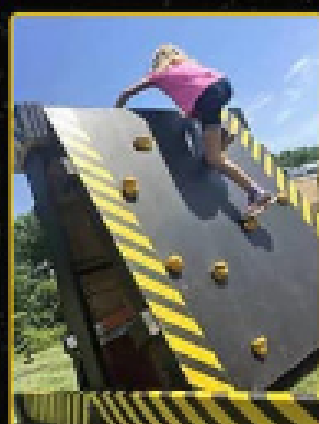
## FLOATING STEPS

Proving to be a total favorite! Our floating steps challenge is an iconic obstacle that promotes bilateral coordination, agility and endurance. By jumping, two-stepping or single stepping, our Course Masters will demonstrate different techniques so all ages can totally crush this obstacle!



## CARGO CRAWL

Crawling under the cargo net is part of any well designed obstacle course. How else are you supposed to get dirty? But crawling is more than just fun! It is a multi-joint movement that engages the entire body and works the core while training balance, coordination, strength, and agility. Our net is knotless and durable, manufactured using premium fibers resistant to abrasion, moisture and chemicals.



## ROCK WALL

Course crushers love to conquer our mini rock wall. Self esteem and self confidence are bolstered with each step on our securely placed climbing grips mounted on both sides of the wall. Our rock wall obstacle is a fun way to build upper body and leg strength.

Don't forget to sign the waiver for your child to attend.

# Quick Links

**PLEASE CLICK BELOW FOR HELPFUL INFORMATION**

[HOPEWELL FAQ](#) -PLEASE REVIEW FOR SPECIFIC INFORMATION

[ABOUT HOPEWELL ELEMENTARY](#)

[SEPTEMBER LUNCH MENU](#)

[SCHOOL-WIDE POSITIVE BEHAVIOR SUPPORT \(SWPBS\)](#)

[MULTI TIERD SYSTEM OF SUPPORTS \(MTSS\)](#)

[K-3 STUDENT HANDBOOK](#)

[SCHOOL DISTRICT CALENDAR](#)

[PICKUP PATROL FAQ](#)