

DAILY ALTERNATE

Bagel & Cream Cheese

*MUST choose one fruit or juice
For a no cost meal*

2024 — 2025 School Year
Daily Breakfast Menu
SLSD Middle and High Schools
"Most important meal of the day"

Gluten Free Meal:

1 Cereal Bowl or 1 String Cheese and 1 yogurt cup or
2 yogurt cups or 2 String Cheese; plus, fruit or fruit
juice, and choice of milk.
Available each day.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHOICE OF DAILY ITEM OR ENTRÉE	CHOICE OF DAILY ITEM OR ENTRÉE	CHOICE OF DAILY ITEM OR ENTRÉE	CHOICE OF DAILY ITEM OR ENTRÉE	CHOICE OF DAILY ITEM OR ENTRÉE
Cereal Bowl (Gluten Free) – WG Honey Cheerios or Lucky Charms	Mini Cinnis (WG Cinnamon Buns)	WG Muffin & Yogurt	Mini Stuffed WG Bagels – Strawberry or Cinnamon	WG Mini Waffles
CHOICE OF FRUIT/ JUICE Select (1 or 2) Assorted 4 oz. Juice Fresh or Canned Fruit	CHOICE OF FRUIT/JUICE Select (1 or 2) Assorted 4 oz. Juice Fresh or Canned Fruit	CHOICE OF FRUIT/JUICE Select (1 or 2) Assorted 4 oz. Juice Fresh or Canned Fruit	CHOICE OF FRUIT/JUICE Select (1 or 2) Assorted 4 oz. Juice Fresh or Canned Fruit	CHOICE OF FRUIT/ JUICE Select (1 or 2) Assorted 4 oz. Juice Fresh or Canned Fruit
CHOICE OF MILK Select (1) 1% White or Fat Free Chocolate	CHOICE OF MILK Select (1) 1% White or Fat Free Chocolate	CHOICE OF MILK Select (1) 1% White or Fat Free Chocolate	CHOICE OF MILK Select (1) 1% White or Fat Free Chocolate	CHOICE OF MILK Select (1) 1% White or Fat Free Chocolate
*WG= Whole Grain	*WG= Whole Grain	*WG= Whole Grain	*WG= Whole Grain	*WG= Whole Grain

August/September 2024					October 2024					November 2024					December 2024					January 2025				
26	27	28	29	H		1	2	3	4					1	H	3	4	5	6			H	H	H
H	3	4	5	6	7	8	9	10	11	4	5	6	7	8	9	10	11	12	13	6	7	8	9	10
9	10	11	12	13	*	15	16	17	18	11	12	13	14	15	16	17	18	19	20	13	14	15	16	*
16	17	18	19	20	21	22	23	24	25	18	19	20	21	22	H	H	H	H	H	H	21	22	23	24
*	24	25	26	27	28	29	30	31		25	26	27	H	H	H	H				27	28	29	30	31
30																								

February 2025					March 2025					April 2025					May 2025					June 2025				
					3	4	5	6	*		1	2	3	4				1	*	2	3	4	5	6
3	4	5	6	7	10	11	12	13	14	7	8	9	10	11	5	6	7	8	9	9				
10	11	12	13	*	17	18	19	20	21	14	15	16	H	H	12	13	14	15	16					
H	18	19	20	21	24	25	26	27	28	H	22	23	24	25	19	20	21	22	23					
24	25	26	27	28	31					22	29	30			H	27	28	29	30					

H = Holiday (School Closed) * = Professional Development / In Service (School Closed); **Menu Subject to Change** – More breakfast information at
www.slsd.org under Food Services; **Non-Discrimination Statement:** This institution is an equal opportunity provider

THERE IS NO COST FOR 1 BREAKFAST MEAL PER DAY FOR ALL STUDENTS IN THE 24-25 SCHOOL YEAR