

**DAILY ALTERNATE**

Bagel &amp; Cream Cheese

\*MUST choose one fruit or juice  
For a no cost meal\*

2025 — 2026 School Year  
Daily Breakfast Menu  
SLSD Middle and High Schools  
"Most important meal of the day"

**Gluten Free Meal:**

1 Cereal Bowl or 1 String Cheese and 1 yogurt cup or  
2 yogurt cups or 2 String Cheese; plus, fruit or fruit  
juice, and choice of milk.  
Available each day.

MONDAY					TUESDAY					WEDNESDAY					THURSDAY					FRIDAY					
CHOICE OF DAILY ITEM OR ENTRÉE					CHOICE OF DAILY ITEM OR ENTRÉE					CHOICE OF DAILY ITEM OR ENTRÉE					CHOICE OF DAILY ITEM OR ENTRÉE					CHOICE OF DAILY ITEM OR ENTRÉE					
Cereal Bowl (Gluten Free) – WG Honey Cheerios or Lucky Charms					Mini Cinnis (WG Cinnamon Buns)					WG Muffin & Yogurt					Mini Stuffed WG Bagels – Strawberry or Cinnamon					WG Mini Waffles					
CHOICE OF FRUIT/ JUICE Select (1 or 2) Assorted 4 oz. Juice Fresh or Canned Fruit					CHOICE OF FRUIT/JUICE Select (1 or 2) Assorted 4 oz. Juice Fresh or Canned Fruit					CHOICE OF FRUIT/JUICE Select (1 or 2) Assorted 4 oz. Juice Fresh or Canned Fruit					CHOICE OF FRUIT/JUICE Select (1 or 2) Assorted 4 oz. Juice Fresh or Canned Fruit					CHOICE OF FRUIT/ JUICE Select (1 or 2) Assorted 4 oz. Juice Fresh or Canned Fruit					
CHOICE OF MILK Select (1) 1% White or Fat Free Chocolate					CHOICE OF MILK Select (1) 1% White or Fat Free Chocolate					CHOICE OF MILK Select (1) 1% White or Fat Free Chocolate					CHOICE OF MILK Select (1) 1% White or Fat Free Chocolate					CHOICE OF MILK Select (1) 1% White or Fat Free Chocolate					
*WG= Whole Grain					*WG= Whole Grain					*WG= Whole Grain					*WG= Whole Grain					*WG= Whole Grain					
August/September 2025					October 2025					November 2025					December 2025					January 2026					
25	26	27	28	H			1	2	3	3	4	5	6	7	H	2	3	4	5				H	H	
H	2	3	4	5	6	7	8	9	10	10	11	12	13	14	8	9	10	11	12	5	6	7	8	9	
8	9	10	11	12	*	14	15	16	17	17	18	19	20	21	15	16	17	18	19	12	13	14	15	*	
15	16	17	18	19	20	21	22	23	24	*	*	*	H	H	H	H	H	H	H	H	20	21	22	23	
*	23	24	25	26	27	28	29	30	31						H	H	H			26	27	28	29	30	
29	30																								
February 2026					March 2026					April 2026					May 2026					June 2026					
					2	3	4	5	6			1	H	H					*	1	2	3	4	5	
2	3	4	5	6	9	10	11	12	13	H	7	8	9	10	4	5	6	7	8						
9	10	11	12	*	16	17	18	19	*	13	14	15	16	17	11	12	13	14	15						
H	17	18	19	20	23	24	25	26	27	20	21	22	23	24	18	19	20	21	22						
23	24	25	26	27	30	31				27	28	29	30		H	26	27	28	29						
H = Holiday (School Closed) * = Professional Development / In Service (School Closed); <b><u>Menu Subject to Change</u></b> – More breakfast information at <a href="http://www.slsd.org">www.slsd.org</a> under Food Services; <b>Non-Discrimination Statement:</b> This institution is an equal opportunity provider																									
<b>~THERE IS NO COST FOR 1 BREAKFAST MEAL PER DAY FOR ALL STUDENTS IN THE 25-26 SCHOOL YEAR~</b>																									

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