

# September 2025

## Southern Lehigh Elementary Schools

### Monday

**NO SCHOOL!**  
**Labor Day Holiday!**

Dutch Waffle\*  
2 Sausage Links  
Baked Fries  
Assorted Fresh or  
Canned Fruit  
Choice of Milk  
\*Funnel Cake

Popcorn Chicken  
Soft Pretzel Stick  
Vegetarian Baked Beans  
Assorted Fresh or  
Canned Fruit  
Choice of Milk

**NO SCHOOL!**  
**Professional Learning Day**

French Toast Sticks  
2 Sausage Links  
Oven Baked Fries  
Assorted Fresh or  
Canned Fruit  
Choice of Milk

### Tuesday

Spicy or Plain  
Chicken Patty  
Sandwich  
Steamed Broccoli  
Assorted Fresh or  
Canned Fruit  
Choice of Milk

**Taco Tuesday!**  
Walking Tacos  
Seasoned Beans  
Spanish Rice  
Assorted Fresh or  
Canned Fruit  
Choice of Milk  
\*Turkey taco meat

Hot Ham &  
Cheese on  
Croissant  
Steamed Carrots  
Assorted Fresh or  
Canned Fruit  
Choice of Milk

Mini Turkey Corn  
Dogs  
Steamed Broccoli  
Assorted Fresh or  
Canned Fruit  
Choice of Milk

Chicken Alfredo  
with Pasta  
Steamed Broccoli  
Garlic Breadstick  
Assorted Fresh or  
Canned Fruit  
Choice of Milk

### Wednesday

Toasted Cheese  
Sandwich  
Tomato Soup  
Assorted Fresh or  
Canned Fruit  
Choice of Milk

Max Stix w/ Marinara  
Tossed Salad w/  
Choice of Dressing  
Assorted Fresh or  
Canned Fruit  
Choice of Milk

Mini Pancakes  
2 Sausage Links  
Potato Smiles  
Assorted Fresh or  
Canned Fruit  
Choice of Milk

Bacon, Egg, &  
Cheese Bagel  
Baked Fries  
Assorted Fresh or  
Canned Fruit  
Choice of Milk

### Thursday

Mini Cinnis\*  
2 Sausage Links  
Baked Tater Tots  
Assorted Fresh or  
Canned Fruit  
Choice of Milk  
\*Mini Cinnamon Rolls

Chicken Tenders  
Dinner Roll  
Steamed Carrots  
Assorted Fresh or  
Canned Fruit  
Choice of Milk

Honey Mustard  
Pulled Pork on  
Pretzel Roll  
Sweet Potato Fries  
Assorted Fresh or  
Canned Fruit  
Choice of Milk

Chicken Nuggets  
Dinner Roll  
Steamed Carrots  
Assorted Fresh or  
Canned Fruit  
Choice of Milk

### Friday

Cheese  
or Pepperoni  
Big Daddy's Pizza  
Steamed Green Beans  
Assorted Fresh or  
Canned Fruit  
Choice of Milk

Cheese  
or Pepperoni  
Stuffed Crust Pizza  
Steamed Green Beans  
Assorted Fresh or  
Canned Fruit  
Choice of Milk

Personal Cheese  
Pizza  
Steamed Green  
Beans  
Assorted Fresh or  
Canned Fruit  
Choice of Milk

Cheese  
or Pepperoni  
French Bread Pizza  
Tossed Salad w/  
Choice of Dressing  
Assorted Fresh or  
Canned Fruit  
Choice of Milk

### Alternates

9/2-9/5 – Cheeseburger on a Bun  
9/8-9/12 – Chicken Quesadilla Pizza  
9/15-9/19 – Turkey Hot Dog on a Bun  
9/23-9/26 – Toasted Cheese Sandwich  
9/29-9/30 – Mini Turkey Corndogs

School Hoagies and PB&J  
Uncrustables are available daily as  
an alternate meal.  
\*All meals come with choice of fruit,  
vegetable, & milk

\*\* Fresh vegetable sides are  
offered daily!! They can be taken  
along with the 5 meal components  
or in place of the vegetable of the  
day listed on the menu.

### Cafeteria News

Visit [www.ezschoollpay.com](http://www.ezschoollpay.com)  
to view your child's lunch  
account and make payments  
online!

\* Students **MUST** take a fruit or  
a vegetable to make a complete  
meal/qualifying reimbursable  
lunch.

**LUNCH PRICE \$3.10**

**\*\*Menu Subject to Change**

**!!No cost breakfast available  
each morning at all schools!!**

++This institution is an equal  
opportunity provider and  
employer.

To fill out a Free & Reduced  
Application electronically,  
please go to:  
[www.compass.state.pa.us](http://www.compass.state.pa.us)

### Did you know?

September 30th is known as International  
Translation Day, and September 12th marks  
the beginning of the first ever submarine test.