June 2025

Southern Lehigh Gluten Free Menu

Wednesday **Thursday** Friday **Monday Tuesday** *Last Day of School!!* Ham & Cheese Hamburger or Chicken Tenders Breaded Cheeseburger Sandwich Turkey & Cheese Sandwich Turkey Nuggets Fresh Veggies or Fresh Veggies or Fresh Veggies or Fresh Vegaies or Featured Vegetable Fresh Veggies or Featured Featured Vegetable of Featured Vegetable Featured Vegetable of the Day Vegetable of the Day the Day of the Day Assorted Fresh or Canned Assorted Fresh or Assorted Fresh or Assorted Fresh or Canned Assorted Fresh or Fruit Canned Fruit Canned Fruit Canned Fruit Fruit Choice of Milk **Enjoy** your **SUMMER!!** 16 19 23 24 Did you know? The June Bug, also known as June beetle, is the name for several large beetles seen in the United States during May and June. They are usually seen at night when the light attracts them.

A la Carte

Meals come with vegetable, milk and fruit.

Vegetable choices include the fresh vegetable of the day or the featured vegetable of the day. Fresh vegetables are available each day and can also be taken in addition to the featured vegetable of the day (listed on the regular menu).

LUNCH PRICES Elem & JPLIS \$3.00 HS & MS \$3.35

*Entrée items not purchased as a meal and seconds of gluten free items must be charged at A la Carte pricing as listed on the cafeteria price list found online.

**Please Note - The Gluten Free Menu selection is only available to those students who have turned in the Medical Plan of Care form, listing the need as such, by the student's physician and signed by the physician. **Requests made by parents alone cannot be honored. Thank you for your cooperation and understanding.

Cafeteria News

Visit www.ezschoolpay.com
to view your child's lunch
account and make payments

- * Students MUST take a fruit or a vegetable to make a complete meal/qualifying reimbursable
- **Menu Subject to Change

!!No cost breakfast available each morning at all schools!!

++This institution is an equal opportunity provider and employer.

To fill out a Free & Reduced Application electronically, please go to:

www.compass.state.pa.us