

# August 2025

## Southern Lehigh Middle School

Monday

Tuesday

Wednesday

Thursday

Friday

### Did you know?

The full moon in August is called the Sturgeon Moon, named for the sturgeon fish that were abundant in the Great Lakes at this time.

### Alternates

Grab 'n Go Salad (comes with dressing and dinner roll)

Hoagie or Wrap  
Pizza Slice  
PB & J Uncrustable

*Not all items are available every day*

*\*All meals come with choice of fruit, vegetable, & milk*

**\*\* Fresh vegetable sides are offered daily!! They can be taken along with the 5 meal components or in place of the vegetable of the day listed on the menu.**

### Cafeteria News

Visit [www.ezschoollpay.com](http://www.ezschoollpay.com) to view your child's lunch account and make payments online!

\* Students **MUST** take a fruit or a vegetable to make a complete meal/qualifying reimbursable lunch.

**Meal Price \$3.45**

**Salad Meal Deal \$3.95**

**\*\*Menu Subject to Change  
!!No cost breakfast available each morning at all schools!!**

**++This institution is an equal opportunity provider and employer.**

To fill out a Free & Reduced Application electronically, please go to:

[www.compass.state.pa.us](http://www.compass.state.pa.us)

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Big Daddy's  
Cheese or  
Pepperoni Pizza  
Steamed Broccoli  
Assorted Fresh or  
Canned Fruit  
Choice of Milk

26

Chicken Nuggets  
Dinner Roll  
Steamed Carrots  
Assorted Fresh or  
Canned Fruit  
Choice of Milk

27

Double  
Cheeseburger  
Vegetarian Baked  
Beans  
Assorted Fresh or  
Canned Fruit  
Choice of Milk

28

French Toast Sticks  
2 Sausage Links  
Baked Fries  
Assorted Fresh or  
Canned Fruit  
Choice of Milk

29

**NO  
SCHOOL!**  
**Labor Day  
Holiday!**