

May 2025

Southern Lehigh Middle School

Monday

Tuesday

Wednesday

Thursday

Friday

A la Carte

Did you know?

Blue jeans were official invented in May of 1873 after Levi Strauss and Jacob Davis obtained a patent for the pants on May 20th.

Grab 'n Go Salad (comes with dressing and dinner roll)

Hoagie or Wrap
Pizza Slice
PB & J Uncrustable

Not all items are available every day

**All meals come with choice of fruit, vegetable, & milk*

*** Fresh vegetable sides are offered daily!! They can be taken along with the 5 meal components or in place of the vegetable of the day listed on the menu.*

Cafeteria News

Visit www.ezschoollpay.com to view your child's lunch account and make payments online!

* Students MUST take a fruit or a vegetable to make a complete meal/qualifying reimbursable lunch.

Meal Price \$3.35
Salad Meal Deal \$3.75

****Menu Subject to Change**

!!No cost breakfast available each morning at all schools!!

++This institution is an equal opportunity provider and employer.

To fill out a Free & Reduced Application electronically, please go to:

www.compass.state.pa.us

5
*Cinco de Mayo!
Walking Taco
Seasoned Beans
Spanish Rice
Assorted Fresh or
Canned Fruit
Choice of Milk

6
Spicy or Plain
Chicken Patty
Sandwich
Steamed Broccoli
Assorted Fresh or
Canned Fruit
Choice of Milk

7
Mac & Cheese
Steamed Peas
Garlic Breadstick
Assorted Fresh or
Canned Fruit
Choice of Milk

8
Bacon, Egg,
& Cheese on a
Croissant
Oven Baked Fries
Assorted Fresh or
Canned Fruit
Choice of Milk

9
Cheese
or Pepperoni Stuffed
Crust Pizza
Raw Baby Carrots
Assorted Fresh or
Canned Fruit
Choice of Milk

12
Chicken Tenders
Dinner Roll
Steamed Peas
Assorted Fresh or
Canned Fruit
Choice of Milk

13
French Toast
Sticks
2 Sausage Links
Oven Baked Fries
Assorted Fresh or
Canned Fruit
Choice of Milk

14
Hot Ham &
Cheese on
Croissant
Steamed Carrots
Assorted Fresh or
Canned Fruit
Choice of Milk

15
Chicken Alfredo
with Pasta
Steamed Broccoli
Garlic Breadstick
Assorted Fresh or
Canned Fruit
Choice of Milk

16
Cheese
or Pepperoni
Big Daddy's Pizza
Steamed Green Beans
Assorted Fresh or
Canned Fruit
Choice of Milk

19
Dutch Waffle*
2 Sausage Links
Oven Baked Fries
Assorted Fresh or
Canned Fruit
Choice of Milk
*Similar to a Funnel Cake

20
*New Item!
Fiesta Rice and
Chicken*
Seasoned Black Beans
Assorted Fresh or
Canned Fruit
Choice of Milk
*Rice with Salsa, Corn, &
Diced Chicken

21
Bacon
Cheeseburger
Steamed Broccoli
Assorted Fresh or
Canned Fruit
Choice of Milk

22
Chicken Turnover
Mashed Potatoes & Gravy
Steamed Corn
Dinner Roll
Assorted Fresh or
Canned Fruit
Choice of Milk

23
Cheese
or Pepperoni
French Bread Pizza
Steamed Green Beans
Assorted Fresh or
Canned Fruit
Choice of Milk

26
**NO
SCHOOL!**
**Memorial
Day**

27
Chicken Nuggets
Dinner Roll
Steamed Broccoli
Assorted Fresh or
Canned Fruit
Choice of Milk

28
Cheese Tortellini
W/ Marinara
Steamed Peas
Garlic Breadstick
Assorted Fresh or
Canned Fruit
Choice of Milk

29
Sausage, Egg,
& Cheese on an
English Muffin
Hash Brown Patty
Assorted Fresh or
Canned Fruit
Choice of Milk

30
Cheese
or Pepperoni
Big Daddy's Pizza
Mixed Vegetables
Assorted Fresh or
Canned Fruit
Choice of Milk