

# August 2018

## Southern Lehigh Gluten Free Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>DID YOU KNOW?</b> August in the Northern Hemisphere is similar to February in the Southern Hemisphere.</p>		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27 Mac & Cheese Fresh Veggies or Featured Vegetable of the Day Assorted Fresh or Canned Fruit Choice of Milk	28 Cheese Pizza Fresh Veggies or Featured Vegetable of the Day Assorted Fresh or Canned Fruit Choice of Milk	29 Chicken Chunks Fresh Veggies or Featured Vegetable of the Day Assorted Fresh or Canned Fruit Choice of Milk	30 Mac & Cheese Fresh Veggies or Featured Vegetable of the Day Assorted Fresh or Canned Fruit Choice of Milk	31 <b>NO SCHOOL!</b>  <b>Labor Day Holiday!</b>

### Meal Information

8 Meals come with vegetable, milk, and fruit.

Vegetable choices include the fresh vegetable of the day or the featured vegetable of the day. Fresh vegetables are available each day and can also be taken in addition to the featured vegetable of the day (listed on the regular menu).

**LUNCH PRICES**  
Elem & JPLIS \$2.75  
HS & MS \$3.05

\*Entrée items not purchased as a meal and seconds of gluten free items must be charged at A la Carte pricing as listed on the cafeteria price list found online.

\*\*Please Note - The Gluten Free Menu selection is only available to those students who have turned in the Medical Plan of Care form, listing the need as such, by the student's physician and signed by the physician. \*\*Requests made by parents alone cannot be honored. Thank you for your cooperation and understanding.

### Cafeteria News

Visit [www.ezschoollpay.com](http://www.ezschoollpay.com) to view your child's lunch account and make payments online!

\* Students **MUST** take a fruit or a vegetable to make a complete meal/qualifying reimbursable lunch.

\*\*Menu Subject to Change

++This institution is an equal opportunity provider and employer.